

FOR IMMEDIATE RELEASE
December 19, 2017

Wolf Administration Reminds Pennsylvanians to get a Flu Vaccination this Holiday Season

Harrisburg, PA - As the weather turns colder, the Wolf Administration wants to remind Pennsylvanians of the importance of getting a flu vaccine and taking steps to protect yourself and others from the flu.

The flu is a highly contagious disease, and the most important thing you can do to prevent getting it is to get a flu shot.

If you do get the flu, you need to stay home. The flu is spread through droplets and anytime someone with the flu sneezes or coughs, those droplets can linger on hands and then be exchanged through touching doorknobs, remotes and other commonly used items.

Employers need to educate their employees on how to prevent getting the flu virus, and also be willing to let sick employees stay home from work in order to prevent the flu from spreading throughout the workplace, leading to a loss of productivity.

As people gather together for the holiday season, it is important for people to wash your hands frequently, particularly if you are around someone who is sick.

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